

Preparation & Aftercare - Eyeliner treatment

Preparing for your eyeliner procedure

Before booking your eyeliner procedure, you must inform the technician if you have had any type of eye surgery. Our qualified physician will advise on how long you should wait before undergoing a permanent eyeliner procedure. As a guideline, in most cases, we recommend four to six months following eye surgery.

To ensure that your skin is in optimum health prior to the eyeliner treatment, be sure to take Vitamin C, daily, as soon as you book your appointment. Appropriately preparing your skin for the procedure can lessen sensitivity and reduce any irritation.

What's more, it's simple to do – here's how:

For **four to six weeks prior** to your appointment, do not:

- o apply any false eyelash extensions, removing any currently applied
- o apply eyelash growing serums
- o take Vitamin A or Retinol products
- o have Botox or fillers
- o dye, perm, or curl your eyelashes

For **two weeks** before your eyeliner treatment, do not:

- o tan or spend prolonged periods in the sun
- o undergo any type of facial or skin peel

For **one week** prior to your appointment, do not:

- o take Fish Oil or Vitamin E

For **24 hours to 48 hours** before the procedure, do not:

- o work out or undertake forms of physical exercise
- o drink alcohol
- o consume coffee or other caffeine products
- o take aspirin or ibuprofen for pain relief

On the day of the appointment, do not:

- o wear contact lenses during the procedure **or for 24 hrs after**
- o apply makeup to your eyes or surrounding areas
- o leave the saloon without sunglasses – eyes may be light sensitive following the eyeliner procedure

Caring for your skin post-treatment

Following semi-permanent eyeliner procedures, it is quite normal for the area to swell and look red for a little while. Your eyes may feel irritated and sore for a short period too. An over-the-counter pain killer may help ease the discomfort, however any irritation should ease quite quickly.

Apply a thin layer of Vitamin A and D ointment, coconut oil, or Vitamin E oil twice a day on to the cleaned, dried, on top of treated area. It is vital that the area is kept moisturised to prevent cracking of the skin. Do not apply makeup on eyes or mascara for a week from the appointment.

To wash your eyes, always use sterile water, and gently wipe the area with damp cotton wool, then dry with a tissue. Apply a very thin layer of recommended ointment with a cotton bud.

After about a week, the first dermis should be healed. Only then should you discontinue use of the ointment and begin to apply makeup to the eyes.

Showering on the days following eyeliner treatment

Limit showers to five minutes, as to not create excess steam.

Keep your face and treated area out of the water while you wash your body. At the end of your shower, wash your hair.

Endeavour to only allow your face to be wet at the very end of the shower. Always avoid excessive rinsing, never using hot water on the treated area.

Other important reminders

- Use a fresh pillowcase
- Do not reapply eyelash extensions for two weeks following your touch-up eyeliner appointment
- Allow any scabbing or dry skin to naturally exfoliate away – picking can cause scarring and loss of colour
- No facials, Botox, fillers, chemical treatments or microdermabrasion for **four to six weeks**
- Avoid hot, sweaty exercise for one week
- Wear a hat when outdoors and avoid direct sun exposure or tanning for **four weeks** after your procedure
- Avoid heavy sweating and long hot showers for the first **ten days**
- Do not sleep on your face for the first **ten days**
- Avoid swimming, lakes, and hot tubs for the first **two weeks**
- Do not use topical makeup including sunscreen on the area until treated area is healed
- Desist from rubbing, picking, or scratching the treated area.

Remember, with the appropriate preparation and aftercare routine, you will have superlative results from your semi-permanent makeup procedure.